



Information on the OraQuick Self-Test

OraQuick® is the first FDA-approved oral swab in-home test for HIV-1 and HIV-2. It is an oral swab test that doesn't require blood. It's completely private. And it's based on the same HIV test that healthcare professionals have used since 2004.

OraQuick: HIV Self-Test Kit

With the OraQuick In-Home HIV Test, you can take the first step toward learning your HIV status. **Find out in just 20 minutes in the comfort and privacy of your own home.**

The results are completely confidential.

Information on Pre and Post-Test Coaching

Upon request, SAN will provide pre how-to-test and risk-reduction coaching, and post-testing linkage to care assistance.

For more information, call and ask for Grant at **(509) 8441758**.

Visit our website at: sannw.org

Follow us on Facebook at [facebook.com/spokaneaids](https://www.facebook.com/spokaneaids)

Before You Begin

*This information and additional information can be found at OraQuick:
<http://www.oraquick.com/Taking-the-Test/Before-You-Begin>

There are some basic preparations you'll need to make before taking the OraQuick® HIV test. Some people may feel a little anxious when taking an HIV test. But if you feel very anxious about taking the test, you may want to wait to take it, or get tested by a healthcare professional or local clinic.



Checklist for Before you Begin

1. Do not eat, drink or use oral care products (such as mouthwash, toothpaste or whitening strips) 30 minutes before starting this test.
2. Remove dental products such as dentures or any other products that cover your gums.
3. Find a quiet, well lighted place where you can be for at least 20 minutes.
4. Always use the directions in the test kit to help read your results correctly.
5. If you use glasses to read, you will need them for taking this test.
6. Please make sure you have read the information on the back of the outer carton box.
7. Make sure you have a timer, watch or something that can time 20 to 40 minutes.
8. **It may be helpful to have access to a phone to speak directly with a support person. You can call SAN and ask for Grant at (509) 844-1758.**

Other Important Information:

1. You must be 17 or older to use this test.
2. If you're HIV positive, or are on treatment or preventive treatment for HIV, the OraQuick test is not meant for you.
3. If you've participated in an HIV vaccine clinical trial, you may get a positive result using this test, but it may not mean that you are infected with HIV. You should seek follow-up with the research group.

Don't Use the Test if:

1. The tamper-evident seal has been broken or if any of the package contents are missing, broken, or have been opened.
 2. The expiration date of the test is past the date printed on the outside of the box.
 3. The test has been exposed to household cleaning products.
 4. The test has been stored outside the acceptable temperature of 36°-80° F (2°-27°C).
 5. *** Remember, this test detects HIV infection if used 3 months after a risk event. That's because OraQuick tests for HIV antibodies, and it takes your body up to 3 months to produce these antibodies at levels that can be detected by this test.**
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Information on Understanding Your Results

To interpret your test result, compare your test stick to the pictures and descriptions on page 7b of your test kit directions.

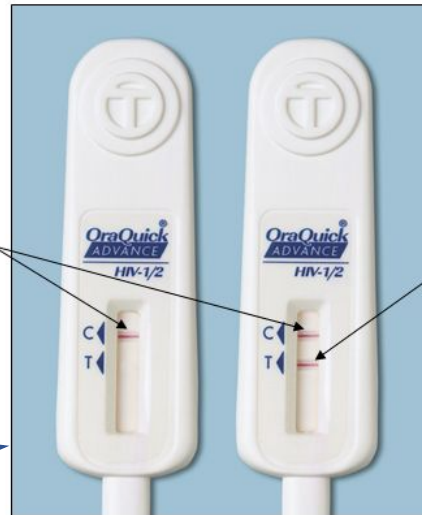
SIMPLE RESULT INTERPRETATION:

One line = NEGATIVE

Two lines = PRELIMINARY POSITIVE



Reactive Control Line



Reactive HIV-1/2 Test Line

Negative

Preliminary Positive

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If your result is negative

1. If it has been at least 3 months since you have had a risk event and you followed the directions carefully, then you likely do not have HIV.
2. If your test result is negative and you engage in activities that put you at risk for HIV, you should test regularly.

If your result is positive

If your result is positive, there are a couple of important things you should do next.

1. Contact a clinic or healthcare professional to confirm your test result.
 2. **If you'd like to speak to a live person, a SAN trained professional can help you at (509) 844-1758..**
 3. Or you can call OraQuick's Support Center, toll-free at 1-866-436-6527, any time, 24/7, 365 days a year. All calls are confidential.
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Information on Confirmatory Testing

If you test reactive (positive) and you are located in **eastern Washington counties**, you need to follow up with a **confirmatory test**.

Please contact the clinic or Health District nearest you:

1. Spokane Regional Health District

1101 West College Ave
(509) 324-1494
www.srhd.org

Go to OraQuick's website for
information on testing,
linkage to care, and PrEP.

[http://www.oraquick.com/
What-is-OraQuick](http://www.oraquick.com/What-is-OraQuick)

This product should not be
used to make decisions on
behavior that may put you at
increased risk for HIV.